

# **The effects on QOL of giving women with visual impairments the opportunity to learn to apply their own makeup**

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The objective of this study was to explore the effects on QOL of women with visual impairments the opportunity to learn to apply their own makeup. We conducted a pre-post intervention study to test the impacts of the blind makeup program. Although our study had only six participants, we did find among them that their QOL scores improved after intervention.